

# Empowering Young Minds

*summer camp for children 7 - 11 years old*

“Self-belief, intentionality, and a growth mindset are essential and lifelong skills that empower children to navigate any path they choose.”

## ***Program Brief:***

- I. The Power of Growth Mindset*** - a roadmap to self-assurance, resilience, and becoming unafraid of failure
- II. The Super Power of Thoughts*** - how our beliefs and self talk can either guide us towards our goals or hold us back
- III. The Magic of Having a Vision*** - how vision guides actions & creates purposeful strides toward goals

***July 3 - 7 // July 10 - 14 // July 17-21***

***9:00 - 14:00 // Porreres // Price 130 € p/week***

***\* Only 10 spots available***

**For Details and Enrollment: Contact Sylvia +34 693 366 014**

# ***Empowering Young Minds Program Details:***

July 3rd to 7th

## ***The Power of a Growth Mindset***

*a roadmap to self-assurance, resilience, and becoming unafraid of failure*

In an interactive, fun and entertaining way kids will learn how to take control of their brains – one of the most powerful things they can do for their confidence and for their life. Children will learn:

- that they can achieve anything they set their mind to
- to view challenges as chances to progress towards their goals
- to view obstacles as valuable feedback in their learning process.

July 10th to 14th

## ***The Super Power of Thoughts***

*how our beliefs and self talk can either guide us towards our goals or hold us back*

Through captivating experiential exercises, fun demonstrations and enjoyable activities, kids will explore how our mind works and how limiting beliefs in our subconscious mind can sabotage us from achieving our goals. They will learn:

- effective techniques for overcoming negative thinking and limiting beliefs
- how to use the power of positive self-talk to (re)program their conscious and subconscious mind for whatever they want to achieve.

July 17h to 21th

## ***The Magic of Having a Vision***

*how vision guides actions & creates purposeful strides toward goals*

A dream is the beginning of everything. Kids will learn that a vision serves as an internal compass throughout their life's journey, shielding them from distractions and helping them making wise choices. Through fun exercises and activities kids will be encouraged to dream big, explore possibilities and envision their desires without limitations. Children will learn:

- to create their vision board, a powerful visual tool to make their dreams come true
- Empowering tools to focus on their vision,
- how to accomplish it and to generate excitement about their future.



# ***Meet the Mentor***

*Julica Ortlinghaus*



*“Empower your kids with the magical tools that boosts their self-esteem and enables them to manifest the life they truly desire!”*

**- Julica Ortlinghaus**

*Before launching my Youth Empowerment Program, I had a fulfilling career as a successful corporate lawyer, working worldwide. However, I felt something was missing and wanted to make a significant impact.*

*Getting involved in women's empowerment initiatives in India and Turkey taught me the importance of early empowerment. I realized the power of personal development and questioned why it's mainly focused on adults. This led me to my life purpose: transforming lives through youth empowerment and mindset work.*

*I trained with Jack Canfield, America's #1 Success Coach.*

## **Julica Ortlinghaus**

Founder, Trainer and Consultant

Passport to Shine – A Youth Empowerment Program  
[www.passporttoshine.com](http://www.passporttoshine.com)

# *Enrollment*

**Enroll your child in our transformative summer camp where they will embark on an inspiring journey of self-discovery and empowerment.**

With flexible attendance options, children can participate in **individual weeks or a consecutive block of 3 weeks**. Each week is self-contained, allowing children to learn and grow regardless of previous weeks.

## **Mentoring with Julica Details:**

- Mentoring sessions with Julica are divided into two one-hour sessions each day.
- Sessions take place between 10:30 AM and 1:00 PM.
- A 30-minute lunch break is included in the schedule.

In addition to the mentoring sessions with Julica, our summer camp offers a range of interactive games, team plays, creative projects, pool activities, and water games to keep your child entertained and engaged throughout the day.

## **Interactive Games and Team Plays:**

- Your child will participate in exciting interactive games and team plays that promote teamwork, cooperation, and friendly competition.
- These activities are designed to enhance their social skills, communication, and problem-solving abilities.

## **Age Group:**

- The program is designed for children aged 7 to 11.

## **Workshop Cost:**

- The cost of the workshop is 130 euros per week.
- Special discounted rate of 330 euros for a consecutive block of 3 weeks.

## **Workshop Schedule:**

- The workshop runs from Monday to Friday.
- Time: 9:00 AM to 2:00 PM.

## **Limited Availability:**

- Only 10 spots available in our empowering summer camp.
- Secure your child's place now before it's fully booked!

## **Enrollment Requirements:**

- Reservations are required to secure a spot for your child.
- A deposit is required at the time of booking to confirm the enrollment
- To reserve your spot write to **[empoweredsummer23@gmail.com](mailto:empoweredsummer23@gmail.com)**

# Schedule



**9:00**  
**Arrival**



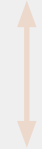
**9:00 - 10:30**

***Interactive  
games and  
projects***



**10:30 - 11:30**

***Mentoring  
with Julica***



**11:30 - 12:00**

***Lunch Break***



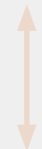
**12:00 - 13:00**

***Mentoring  
with Julica***



**13:00 - 14:00**

***Pool and  
Water Games***



**14:00**  
**Pick-up**



# Location & Setting

*Nestled in the heart of nature, our summer camp takes place in a private finca, providing a peaceful and secure environment for your child's adventure. Our outdoor setting allows children to fully immerse themselves in the beauty of nature. They can explore the 2 hectares of grounds, play under the canopy of trees, or on shaded terraces, and even engage in bocce court competitions.*

*With safety as our top priority, the fully fenced and gated premises ensure a worry-free experience. And when the sun gets too warm, our refreshing pool offers a perfect spot for splashing and fun.*

## **Facilities:**

- *fully fenced and gated for safety*
- *grassy areas for barefoot walking and play*
- *shaded terraces for project and lunch break*
- *130 cm deep above ground pool*
- *3 x 20 bocce court*

**Location: Porreres, 30 min drive from Palma.**

